

PELLA CHRISTIAN HIGH SCHOOL  
GIRLS' SUMMER BASKETBALL CAMP  
300 EAGLE LANE  
PELLA, IA 50219  
Make checks payable to **Pella Christian High School**

Grade camper will be in next fall \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

City, Zip \_\_\_\_\_

Phone \_\_\_\_\_

Emergency phone \_\_\_\_\_

School  
\_\_\_\_\_

Men's t-shirt size      S M L XL

List any medical problems or allergies:  
\_\_\_\_\_

We, the parents of \_\_\_\_\_,  
by affixing our names below, hereby affirm that we have a family health and  
accident insurance policy to cover our son/ daughter in the event of accident  
or injury while attending Pella Christian High School Basketball Camp.  
(Admission will be granted only for those campers whose parents have  
health and accident insurance.)

We the parents of \_\_\_\_\_,  
give our approval to his/her participation in the Pella Christian Basketball  
Camp. We assume all the risks and hazards incidental to such participation  
including personal accident and/or injury and we waive, release, indemnify  
and agree to hold harmless the Pella Christian School Association and all its  
employees, coaches, volunteers and Board members from any claim arising  
out of any injury to our child, except to the extent and in the amount covered  
by our own personal accident and liability insurance.

Signature \_\_\_\_\_ Date \_\_\_\_\_

REGISTRATION DEADLINE IS FRIDAY,  
MAY 24, 2019

(Campers registering after this date are not guaranteed a T-shirt at the  
beginning of camp and will be charged a \$10 late fee.)

Circle any date the camper will NOT be at  
basketball camp.

June 10                  June 24  
June 17                  July 1

## Why hold camp once per week for 4 weeks?

I understand that conducting 2 hour sessions  
once per week for 4 weeks is a unique way to  
offer a summer basketball camp experience.  
We've decided to experiment with this method  
this summer for the following reasons:

The typical 4 day intensive blitz of basketball  
may overwhelm some young players. Honestly,  
it can be exhausting for them. Spreading camp  
out over 4 weeks allows a young player to learn  
skills and practice them during the week. We will  
give our campers some simple workouts that  
they can do at home each week. Our hope is  
that this model will allow players to see  
improvement throughout the summer and help  
them maintain motivation.

### **5000 SHOT CLUB !**

We know that great shooters aren't made in 4  
sessions of basketball camp. It takes  
considerable time and effort in the off season.  
Your child will receive a summer workout  
program that is guaranteed to improve shooting  
performance if done properly and faithfully  
throughout the summer and early Fall.

**IMPORTANT NOTE:  
CAMP WILL BE HELD  
AT THE  
PELLA CHRISTIAN GRADE SCHOOL  
GYM.**

# Pella Christian Eagles

## Girls' Summer Basketball Camp



### Monday Afternoons

June 10, 17, 24 July 1

Girls Entering Grades 4-6 12:45 - 2:45  
Girls Entering Grades 7-8 3:00 - 5:00

ALL SESSIONS HELD AT  
**PELLA CHRISTIAN GRADE SCHOOL'S  
NEW GYM**

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## Camp Philosophy

The purpose of the camp is to provide each camper with a fun filled and exciting basketball experience. The results will be an improved knowledge of the game, increased skill level, and a better understanding of the offensive and defensive strategies necessary to participate on a competitive basketball team.

Emphasis is placed not only on skill development, but also on the personal development of each camper. Sportsmanship, teamwork, and personal work ethic are emphasized throughout the camp.

## The Future of Eagle's Basketball

Great basketball players don't get that way by playing from November - March. Becoming the best basketball player you can be takes hard work and dedication.

Since 2010, the Pella Christian Eagles Girls' basketball program has had 3 state tournament appearances. The coaching staff is eager to see that success continue and we want you to be a part of it! Summer basketball camp will provide the instruction and motivation you need to continue to work on your game throughout the off season.

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## Our camp focuses on 4 aspects of the game:

### *Individual Skills*

Each day we will perform drills to improve each camper's fundamental skills. These skills include: footwork, shooting, passing, ball handling, rebounding and defensive skills.

### *Offensive Moves*

Campers will be taught the following individual skills: scoring off the dribble, moving without the ball, the triple threat position, and offensive moves from various positions.

### *Defensive Skills*

Campers will learn the basic principles of man to man and zone defenses. Denying your opponent the ball, help defense, and rebounding will be emphasized.

### *Team Skills*

Various drills are done to improve basic team play. Transition into fast breaks, balancing the floor, and team communication are just a few of the concepts we will cover.

## *Cost*

The registration fee of \$50.00 covers:

- 4 - 2 hour sessions of instruction and fun.
- Camp T-Shirt
- Awards
- Refreshments

Campers that are unable to make all four sessions may pay \$12.50 per session plus \$10 for the camp shirt. Our preference would be to have our campers attend every session in order to have enough players to provide the best possible experience. Please indicate any dates the camper cannot attend on the bottom of the registration form.

**Please fill out a registration form for each camper and send them in together.**

***Registration deadline is  
Friday, May 24  
in order to guarantee  
a camp t-shirt.***

Brad Engbers – Camp Director  
[engbersb@pceagles.org](mailto:engbersb@pceagles.org)  
641-204-2442